



Dr. Diana Tong Li



Dr. Franklyn Shi Chen

Dr. Diana Tong Li and Dr. Franklyn Shi Chen have both been practicing and teaching Acupuncture and TCM (Traditional Chinese Medicine) for over 30 years, successfully treating thousands of patients with various illnesses and conditions.

Dr. Diana Tong Li and Dr. Franklyn Shi Chen received their PhD's in Acupuncture and TCM from Heilongjiang University of Chinese Medicine (China) and have been practicing in China as well as Canada. They are the founders and President of the Canadian College of Acupuncture and Traditional Chinese Medicine, as well as several National and Provincial Acupuncture, TCM and Natural medicine associations.

Dr. Diana Tong Li and Dr. Franklyn Shi Chen are specialists in fertility and women's issues and have developed "The Dr. Li-Chen Natural Fertility Program". They take great pride in their success, having used their natural fertility program to help parents overcome years of frustration by conceiving and birthing more than 400 happy and healthy babies up to 2016.

Dr. Li and Dr. Chen have frequently been invited to attend national and international conferences as guest speakers, to present their clinical research papers on the success of using acupuncture to treat infertility, as well as on combining acupuncture and IVF to increase the probability of conception.

Due to the clinics' successes Dr. Li and Dr. Chen have been featured frequently on Atlantic Canadian Television and in the print media and have been invited to guest lecture at Atlantic Canadian Universities. The Doctors have also been called upon by numerous Health Care Associations to speak on Natural Medicine.

OUR DOCTORS

"After my third miscarriage, I gave up all hope of ever having a baby until an acquaintance of mine mentioned acupuncture. She had the same history of miscarriages as I had and found acupuncture worked for her. I have to admit that I was a bit skeptical but willing to try anything. After several treatments, I became pregnant again and continued with the treatments. The results were AMAZING. You can see for yourself."

- Bernadette & Jamieson



After three unsuccessful pregnancies, Condea wrote "Dr. Li, Dr. Chen and Staff, thank you so much for your continued support and outstanding care over the last year and a half. We finally have our baby boy and we are so happy"

- Condea, Ken & Kasen

My name is Sarah Lindsay. I'm 43 years old. I came to Dr. Li and Dr. Chen when I was 42 to get treatment for fertility issues. I had had 3 previous miscarriages and really wanted to have a natural birth. With the help of Dr. Li and Dr. Chen, through acupuncture and herbal medicine, Solana is here today."

- Sarah Lindsay



SUCCESS STORIES



Dr. Li-Chen
Natural Fertility Clinics

**Life-Care Acupuncture and
Natural Medicine Clinics**

**S-T Acupuncture and Natural
Medicine Center**

📍 1306 Bedford Hwy, Bedford,
NS, Canada B4A 1C8

☎ (902) 832-0688

**L-C Acupuncture and Natural
Medicine Clinic**

📍 6066 Quinpool Road, Halifax,
NS, Canada B3K 1A1

☎ (902) 492-8839

www.fertilityclinicsns.ca



Dr. Li-Chen
Natural Fertility Clinics



A Program Built On Success

WE MAKE
DREAMS
COME TRUE

*"Healthier pregnancies, healthier babies.
Naturally"*

www.fertilityclinicsns.ca



The Dr. Li-Chen Natural Fertility Program is based on 30 years of study, clinical experience and research by Dr. Diana Tong Li and Dr. Franklyn Shi Chen. Together, they have developed an integrated approach to complementary medicine. This approach combines the best of Eastern and Western, ancient and modern medicine.

Based on their clinical experience, we believe that one of the main factors of successful TCM fertility treatment depends on an accurate TCM diagnosis. At our clinics, Live blood Cell testing, organ function testing and VEGA allergy testing are also combined with acupuncture and TCM to further diagnose and treat our patients. Many of our patients are referred and/or supported by their family physicians and specialists; this is important in achieving the best possible results for the patient. We believe that another main factor of successful TCM fertility treatment is an accurate acupuncture technique, skill and expertise. This involves using TCM principles and implementing a proper treatment program. This is why, after careful consultation and review, our practitioners will design a treatment program that is specifically tailored to fit the patient. Personalized techniques are used to ensure the very best results for each and every patient!

Our Program aims to treat infertility by enhancing the body's natural ability to heal itself and provide a nourishing environment to aid conception, pregnancy, delivery and recuperation.

WE MAKE
DREAMS
COME TRUE

Dr. Li-Chen
NATURAL FERTILITY PROGRAM

The goal of the Dr. Li-Chen Natural Fertility Program is to achieve the high levels of male and female fertility and well-being needed to birth a healthy, happy baby with the least risk to parents and child.

This is accomplished through our Dr. Li -Chen Natural Fertility Program using acupuncture and Traditional Chinese Medicine. The program's holistic approach is designed to restore harmony and balance back to the mind and body, which is crucial to fertility, conception, the health of the baby in the womb and birthing.

In general, men and women can expect to experience improved overall health and well being with the program which extends beyond the pregnancy to the future health and happiness of the family.

TREATMENT GOALS FOR WOMEN

- Reduce anxiety and stress which degrade reproductive functions
- Regulate the menstrual cycle
- Reduce Follicle Stimulating Hormone (FSH) to enhance the quality of the uterine lining
- Improve the flow of healthy blood into the uterine lining
- Improve egg quality. Those who have undergone acupuncture treatment have shown that egg quality significantly improves.
- Open blocked fallopian tubes
- Promote fertility
- Balance hormones
- Reduce chances of miscarriage
- Enhance the quality of the uterine lining: A healthy uterine lining is necessary to help with embryo implantation and to maintain a healthy baby. Acupuncture can affect the autonomic nervous system, which is involved in the control of muscles and glands, and can make the lining of the uterus more receptive to receiving an embryo.
- Reduce uterine contractions after in-vitro fertilization. Acupuncture relaxes the patient and prevents the uterus from contracting and expelling the fertilized egg.
- Healing PMS, amenorrhea, and endometriosis.
- Increase the effectiveness of IVF, GIFT, ZIFT, and ET procedures

PROGRAM GOALS

TREATMENT GOALS FOR MEN

- Build up body immunity
- Reduce stress while increasing vitality
- Increase sperm count
- Increase quality of sperm
- Increase activity of sperm
- Increase sexual drive

Dr. Li-Chen Natural Fertility Program has three(3) general programs categories:

Program No. 1:

Exclusively using Acupuncture, TCM and herbal remedies, and other natural healing techniques.

Program No. 2:

The combination of Program No 1 with hormone stimulation (ie. Clomid)

Program No. 3:

The combination of acupuncture with Assisted Reproductive Technology (ART) such as In Vitro Fertilization (IVF) and Intracytoplasmic Sperm Injection (ICSI)

The program focuses on **balancing the reproductive organs** and nourishing **one's energy (Qi) and blood**. This enhances the reproductive ability and the conditions required for a safe and healthy pregnancy. The focus on wellness also supports a rapid postpartum recuperation.

ACUPUNCTURE AND IVF

Dr. Li – Chen Natural Fertility Program # 3:

The combination of acupuncture with Assisted Reproductive Technology (ART) such as In Vitro Fertilization (IVF) and Intracytoplasmic Sperm Injection (ICSI)

Dr. Li – Chen Natural Fertility Program can Increase the effectiveness of IVF, GIFT, ZIFT, and ET procedures

During IVF Procedure: For many years, Dr.Li and Dr.Chen have worked with the patients going in to receive In Vitro Fertilization (IVF) or Intracytoplasmic Sperm Injection (ICSI).

Before IVF Procedure: The results have shown that it is a good idea to come in 3 months early to achieve even better results, because our program would

- ✓ Strengthen ovarian function to yield higher quality of eggs
- ✓ Regulate hormones for increased production of follicles
- ✓ Increase blood supply to the uterus and increase the thickness of the uterine lining
- ✓ Reduces stress and boosts immune function
- ✓ Prevent recurring miscarriages
- ✓ For Man Improve sperm count, motility, morphology and reduce sperm DNA fragmentation

ACUPUNCTURE AND IVF RESEARCH

In the past 20 years we have seen an explosion in the number of research studies demonstrating impressive results when combining acupuncture with ART.

A 2002 study performed by Paulus and colleagues in Germany rocked the reproductive world when it showed that women who received acupuncture with in-vitro fertilization (IVF) had a 42.5% success rate, compared to a 26.3% success rate for those who did not get acupuncture. (Of 160 patients receiving in-vitro fertilization, one-half of these patients were also administered acupuncture before and after implantation, while the other half were not. The pregnancy rate for the group with acupuncture treatment was 42.5%, while patients of the other group showed a success rate of 26.3 %). Considering the cost of IVF (both financial and emotional), this impressive result got the attention of both fertility specialists and people with infertility. Many further studies have confirmed what Paulus reported in 2002.

In 2006 a study found that acupuncture during the second half of the menstrual cycle more than doubled pregnancy rates (33.6% vs. 15.6%) for women undergoing IVF.

Research shows acupuncture can Increase the effectiveness of IVF, GIFT, ZIFT, and ET procedures.

While the fertility drugs commonly prescribed for women can produce a 20 to 60 percent pregnancy rate, they also commonly include such side effects as abdominal tenderness, bloating, fluid retention, weight gain, and nausea. Traditional Chinese medicine can be used to strengthen and rebalance general health so that Western medical infertility treatments are more effective. TCM can also minimize the undesired side effects and accumulated toxicity from invasive procedures and drug therapies. Of course, TCM for infertility can be used alone or integrated with Western medical techniques.

*“Healthier pregnancies,
healthier babies. Naturally”*

www.fertilityclinics.ca