

## Testimonials

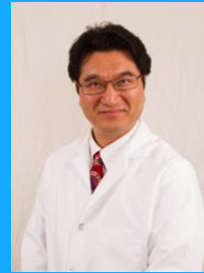
Lana S.  
Age: 41

*"I came to the Life-Care Acupuncture clinic originally because of fertility problems and the stress related to trying to have a baby. After a couple months of treatments I started to feel great! Actually, only after a few weeks. Four months later I was pregnant with twins! Careful what you wish for. Two years later I am back again. Yep, stress and (maybe?) wanting to get pregnant again? Only one this time, okay!"*

*We came to see Dr. Li about infertility. We met with her and she said, "give me 6 months" and I thought she was crazy, I didn't think that was possible, and I said to my husband when we left, "She shouldn't make promises like that." But after we went through our treatments, it gives me goose bumps, because 7 months later I was*



## Meet our Practitioners



Dr. Diana Tong Li and Dr. Franklyn Shi Chen have both been practicing and teaching Acupuncture and TCM (Traditional Chinese Medicine) for over 30 years.

They received their PhDs in Acupuncture and TCM from Heilongjiang University of Chinese Medicine (China) and have been practicing in Canada for over 30 years. They are the founders and the President (Dr. Li) and Vice President (Dr. Chen) of the Canadian College of Acupuncture and Traditional Chinese Medicine, located in Bedford, Nova Scotia.

Dr. Li and Dr. Chen frequently attend national and international conferences to  
**S-T Natural Medicine Clinic**  
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## Life-Care Acupuncture & Natural Medicine



## Acupuncture & In-Vitro Fertilization

With Dr. Li – Chen Fertility Program

# Acupuncture and IVF Research

In the past 20 years we have seen an explosion in the number of research studies demonstrating impressive results when combining acupuncture with ART. A 2002 study performed by Paulus and colleagues in Germany rocked the reproductive world when it showed that women who received acupuncture with in-vitro fertilization (IVF) had a 42.5% success rate, compared to a 26.3% success rate for those who did not get acupuncture. Considering the cost of IVF (both financial and emotional) this impressive result got the attention of both fertility specialists and people with infertility. Many further studies have confirmed what Paulus reported in 2002. In 2006 a study found that acupuncture during the second half of the menstrual cycle more than doubled pregnancy



## Dr. Li – Chen Natural Fertility Program

Dr. Diana Li and Dr. Franklyn Chen developed this program. It has been successful for the past 20 years, not only by using Acupuncture and TCM alone, but also enhances the success rate when combined with in-vitro fertilization (IVF).

Dr. Diana Li and Dr. Franklyn Chen have helped give the gift of life to 100's of families with over

## Program Goals

The **goal** of the Dr. Li-Chen Natural Fertility Program is to achieve the highest levels of male and female fertility and well being needed to birth a healthy, happy baby with the least risk to parents and child.

This is accomplished through our Dr. Li-Chen Natural Fertility Program using Acupuncture and Traditional Chinese Medicine. The program's holistic approach is designed to restore harmony and balance back to the mind and body, which is crucial to fertility, conception, and the health of the baby in the womb and birthing.

Our program focuses on **balancing the reproductive organs** and nourishing **one's energy (Qi) and blood**. This enhances the reproductive ability and the conditions required for a safe and healthy pregnancy. The focus on wellness also supports a rapid postpartum recuperation.

In general, men and women can expect to experience **improved health and well being** with the program that **extends beyond the pregnancy** to the future health and



## Treatment Goals for Women

- Reduce stress while increasing vitality
- Regulate the menstrual cycle
- Reduce Follicle Stimulating Hormone (FSH) to enhance the quality of the uterine lining
- Improve the flow of healthy blood into the uterine lining
- Improve egg quality
- Open blocked fallopian tubes
- Promote fertility
- Reduce uterine contractions after in-vitro fertilization